



## Honey Baked Pears

### Ingredients

- 2 Ripe pears
- 2 Tsp Three Peaks Manuka honey

### Serving for one!

### Serving Suggestion

We served it with Greek yoghurt and crushed coconut biscuits for crunch and texture.

### Method

1. Wash and dry pears, cut them in half and place in a large bowl. Leave the skin and stalks intact for visual appeal.
2. Stir Three Peaks Manuka honey to soften, then drizzle over the pears – approximately 1 tablespoon per pear, or more to taste. Stir gently to coat the pears.
3. Place on baking paper in an oven-proof dish. Bake the pears until tender. Check once during this time to spoon the molten honey over the pears.
4. Remove from the oven and serve immediately.

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